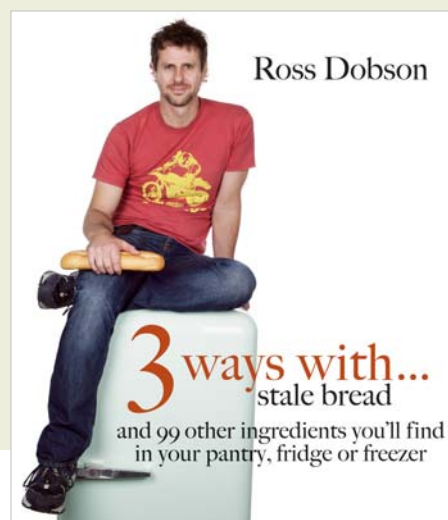


<b>Title</b>	3 Ways With ...
<b>Author</b>	Ross Dobson
<b>ISBN</b>	9781740458849
<b>Imprint</b>	Murdoch Books
<b>Binding</b>	Paperback with flaps
<b>Extent</b>	224 pages
<b>Dimensions</b>	230 x 203mm
<b>Word count</b>	41,000
<b>Recipes</b>	300
<b>Photographs</b>	108
<b>RRP</b>	\$34.95
<b>Release Date</b>	March 2007



## Description

In *3 Ways With ... stale bread and 99 other ingredients you'll find in your pantry, fridge or freezer*, author Ross Dobson presents 300 recipes based on using 100 basic, readily available ingredients that can be found in the average household fridge, freezer and pantry and preparing each one in three different ways.

Tinned tomatoes, curry pastes, anchovies, chocolate and even stale bread — all these base ingredients form the framework for delicious meals that are simple to prepare and cook. Many of the recipes have a short cooking time and require only whizzing, chopping, tossing, frying or boiling.

Those with longer cooking times need next to no preparation, such as slow-cooked lamb shanks and lentils which takes 10 minutes to prepare and is simply made from a handful of ingredients that are thrown into a pot and left to simmer for 2 hours while the cook gets on with other jobs. This book is a starting point for the inspiration that waits inside every kitchen cupboard or refrigerator.

## Sales Points

- An accessible, conversational approach to recipe writing, as seen in Ross' popular *Sunday Life!* column
- A new style of presenting recipes, focusing on staple ingredients used in a variety of ways, from conventional and to innovative and unique
- Recipes are accompanied by funky, pop-art style photography and design
- Vertical column poster available (ISBN: 9787777002109)
- Magnetic shopping list pads will be available from your rep to give out in store

## Author Profile

Ross Dobson had his own café and catering business in Sydney before venturing into the world of food publishing. For the last four years, Ross has worked as a food stylist, recipe writer and food writer for a variety of magazines and newspapers, such as *The Sydney Morning Herald* and *Sainsbury's Magazine*. Ross has also been a contributing author to many cookbooks and is the author of *Chinatown*, published by Murdoch Books in 2005.