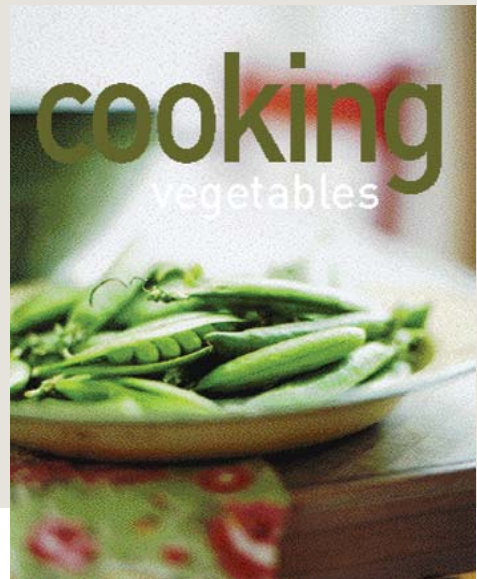


Cooking Vegetables

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BINDING Limp with flaps
EXTENT 192 pages
DIMENSIONS 280 x 222 mm (portrait) 11 x 8³/₄ inches
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PHOTOGRAPHS 120 heroes, 200 steps
RECIPES 110
RRP AUS \$34.95 (£14.99)
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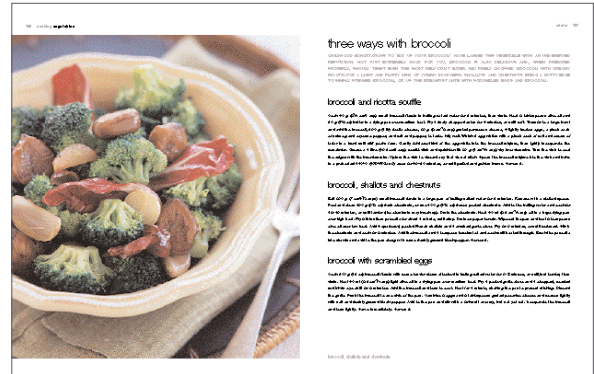
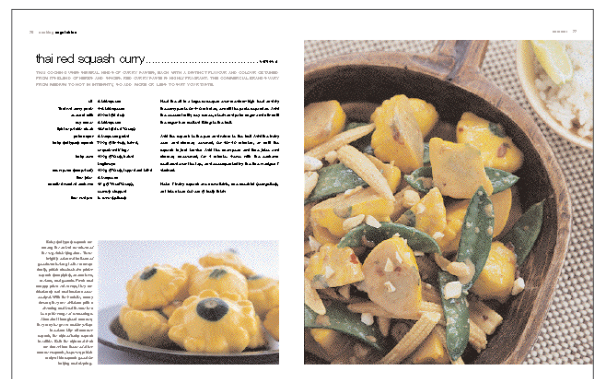
Cooking Spanish; Cooking Moroccan; Cooking Seafood (September 05); Cooking Desserts (November 05); Cooking Curries (February 06)

DESCRIPTION

Cooking Vegetables presents recipes based on seasonal produce. There are four chapters: Spring, Summer, Autumn and Winter. The book also gives information on choosing, storing and preparing different vegetables. Ingredient notes and identification photographs are also included. Recipes are given with metric, imperial and cup measurements. The recipes have been triple-tested to ensure they work. Most of the recipes have two or three support photographs that illustrate steps in the method.

KEY SELLING POINTS

- Seasonal recipes to make the most of what is best in the market
- Hints and tips on choosing and preparing vegetables
- Step photography to make recipe preparation easier



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