

Cooking from Scratch

Lulu Grimes

Title	Cooking from Scratch
Author	Lulu Grimes
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Description

Cooking from Scratch is for people who enjoy eating in cafés and restaurants and want to create the same type of food at home. It is a collection of tried and trusted recipes, some classic and some modern, with something to suit every occasion.

The chapters are set out by main ingredient, so you can choose what to cook based on what you already have at home or whether you feel like eating, for example, chicken, cheese or pasta. The recipes cover breakfast, lunch and dinner, with some that can be put together quickly and others that take a little more time.

Sales Points

- Easy to use, with ingredients set out like shopping lists and simple instructions for each recipe
- Short chapters based on key ingredients, with additional tips for shopping and cooking
- Includes a guide to essential kitchen equipment

Author Profile

Lulu Grimes trained at Leith's School of Food and Wine in London and subsequently worked as a freelance chef, a food editor in the magazine industry and an assistant on Delia Smith's *Winter Collection* television series.

Lulu then lived in Sydney for five years working as a food editor for Murdoch Books as well as writing internet, magazine and newspaper columns. She is currently living in London where she writes about food and travel.



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