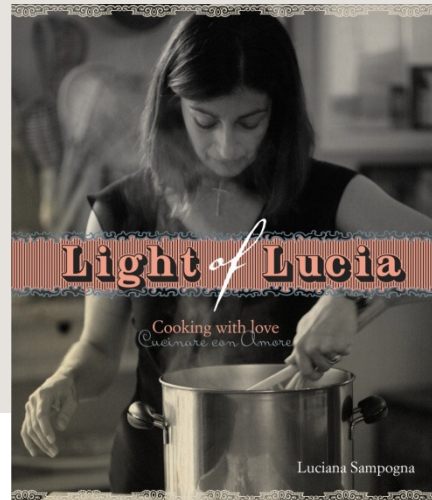


Title	Light of Lucia
Author	Luciana Sampogna
ISBN	9781741965087
Imprint	Murdoch Books
Binding	Padded hardcover
Extent	288 pages
Dimensions	270 x 230mm
RRP	\$69.95
Release Date	April 2010
Category	Cooking



Description

In *Light of Lucia* the energetic and passionate Luciana Sampogna, owner of the popular cooking school Cucina Italiana, shares the rites of passage of the Italian woman from childhood to motherhood, mapped by Italian tradition, superstition and celebration through food. Learn why flour is 'god' and be swept away by the romance of eating pizza on the back of a Vespa with your bello. This is Italian cooking from the heart.

With 120 proven recipes from a cooking maestra, including the best fresh pasta recipe this side of Italy, fried prawns with salsa verde, and simply irresistible Ricotta fritters, Luciana caters for all tastes and levels of cooking experience. But this is more than a cookbook, it's the story of every Italian woman's life journey and the food that accompanies it.

Light of Lucia comprises a stunning mix of recipes, photography, illustrations, nostalgic black and white family portraits and inspiring words, bringing Italian food and culture to life.

Sales Points

- Luciana's cooking school has over 4,000 cooking students per year and has been featured in *Vogue Entertaining + Travel* and many other publications
- With its insights into Italian customs and the wonderfully nostalgic design and photography, the book will appeal to both foodies and anyone interested in Italian culture
- The 120 recipes cater for many tastes and levels of cooking skills, with the more elaborate dishes explained in clear steps, so even kitchen novices can master them with ease
- POS available: A2 poster (9787777004455) and recipe cards (9787777004530 for one pack of 50 cards)

Author Profile

Luciana Sampogna has run the Cucina Italiana cooking school for the past twelve years, the last seven in Sydney. She was trained under the renowned Italian cookbook authors Margherita and Valeria Simili who run the most famous bakery and cooking school in Bologna. Find out more about Luciana and Cucina Italiana at www.cucinaitaliana.com.au