



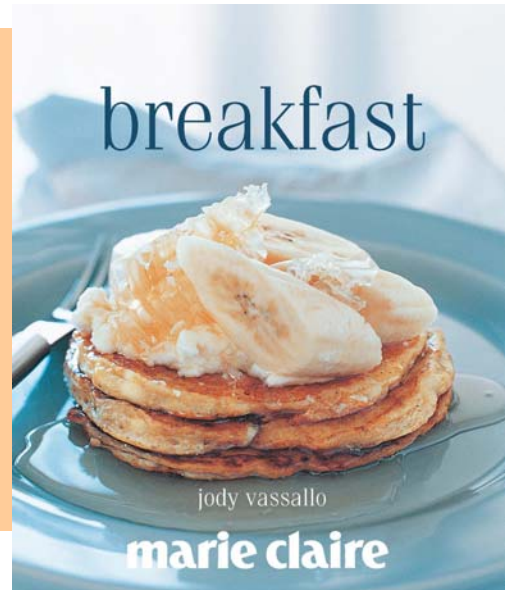
MURDOCH BOOKS

marie claire breakfast

By Jody Vassallo

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Media Release

From the popular and respected *marie claire* series comes this collection of 65 breakfast ideas, with sustaining, nutritious recipes for everyday breakfasts, as well as indulgent suggestions for special-occasion treats.

The aim of the popular *marie claire* cookbooks has always been to present delicious and easy recipes, complemented by beautiful fresh photography. *marie claire breakfast* is the first book in the newest *marie claire* series, which provides reliable and tempting recipes for every meal of the day, making the most of seasonal produce.

You'll love the idea of entirely stress-free dishes such as sheep's milk yoghurt served with a swirl of strawberry puree, grilled field mushrooms with garlic and chilli, or the most sexy of fruits, the pomegranate, drizzled with rosewater and apple juice. When friends and family stay for the night, you can easily turn breakfast the next day into a fun social occasion by whipping up something even more special; corn fritters with crispy prosciutto, salmon and dill potato patties with lime mayonnaise, or hearty huevos rancheros.

Poached stone fruits and a batch of passionfruit sugar muffins will hit the sweet spot — although if you feed them this well, your guests may never want to go home!

marie claire breakfast is a compilation of wonderful breakfast recipes. From savoury to sweet, healthy to indulgent, there are recipes for both everyday breakfasts and special-occasion splurges. Each recipe is simply written for success every time and quick ideas are included to inspire you to create your own recipes from ingredients on hand.

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