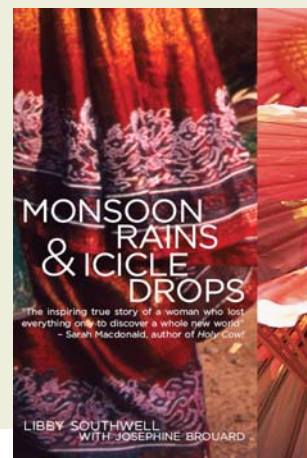


Monsoon Rains & Icicle Drops

Libby Southwell with Josephine Brouard

Title	Monsoon Rains & Icicle Drops
Author	Libby Southwell with Josephine Brouard
ISBN	1740457897
Imprint	Pier 9
Binding	Paperback with flaps
Extent	256 pages
Dimensions	192 x 160mm
Word count	75,000
RRP	\$24.95
Release Date	April 2006



Description

From a Mongolian nomad's tent to a hedonistic party complete with igloo in a Nepalese jungle, Libby Southwell has been to some amazing places and seen incredible things. But these are experiences she would never have had if tragedy hadn't struck her life.

Libby was a young and successful advertising executive in Sydney when her beloved fiancé died in a mountaineering accident. In horrific circumstances, several other friends died soon after this happened, and Libby was plunged into a numbing grief so strong that it led her to run from everything she knew. First she went to Sri Lanka, where she became a chef for a millionaire Brit. Next she headed off to trek in Nepal and Tibet, then stayed with herders in Mongolia and travelled to France for a silent Buddhist retreat.

Back in Sri Lanka and working at a luxury eco-resort, Libby survived dengue fever only to be caught up in the 26 December 2004 tsunami. She survived, but then, in a bizarre turn of events, developed acute appendicitis the very same day – could there be worse timing? Libby made it through this as well, as she has done with everything life has thrown at her, and she emerged with her characteristic good humour and energy intact. She still lives in Sri Lanka where she was instrumental in establishing a charity, AdoptSriLanka, that has raised more than \$US3.5 million to help rebuild the lives of those devastated by the tsunami. This is her colourful and astonishing story.

Sales Points

- "The inspiring true story of a woman who lost everything only to discover a whole new world" - Sarah Macdonald, author of *Holy Cow!*
- A wonderful women's read by a young and vibrant author with an amazing story
- Exotic destinations, unique experiences, tragedy, adventure and happiness give this book great media appeal, particularly for women's magazines

Author profile

Libby Southwell was born in Sydney. She has worked as an advertising executive and trained as a cordon bleu chef. She is currently working in Sri Lanka running businesses in up-market tourism and continues to raise funds through AdoptSriLanka.

Josephine Brouard is an experienced writer and former television reporter and magazine editor.



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