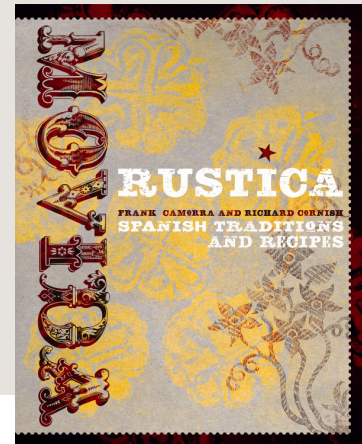


Title	MoVida Rustica
Author	Frank Camorra and Richard Cornish
ISBN	9781741964691
Imprint	Murdoch Books
Binding	Hardcover
Extent	368 pages
Dimensions	255 x 200mm
RRP	\$59.95
Release Date	November 2009
Category	Cooking



Description

Following the multi-award winning title *MoVida*, chef and restaurateur Frank Camorra returns to his native Spain in this companion book. In *MoVida Rustica*, Frank delivers many traditional as well as innovative recipes that are inspired by his travels but perfected for the home cook. Their origins lie in the authentic cuisine of the Spanish cities, towns and countryside. From the nation's bustling capital Madrid and Basque seaside towns to rustic Andalusia with its Sherry Triangle, *MoVida Rustica* highlights the pillars of Spanish cooking, and the culture in which the food is grown, prepared and eaten. Some of the core ingredients like smoked paprika, known as pimenton, chorizo and the omnipresent jamon Serrano and Iberico are covered with their mouth watering recipes, lore and manufacturers. Get to know matriarch Herminda, stroll across the Santiago Market and visit the kitchen gardens of Salamanca to understand what defines traditional Spanish food.

Sales Points

- *MoVida* (ISBN 9781921259395, RRP \$49.95), the first book by chef and restaurateur Frank Camorra was hugely successful with over 23,000 copies sold so far, and won Best Designed Book of the Year at the Australian Publishers Association's Design Awards in 2008
- *MoVida* was awarded the Australian Food Media Award as 'Best Cookery Book by a Chef or Restaurateur' in 2008 and Frank Camorra was named as Chef of the Year at the Age Good Food Guide Awards in 2008
- Beautifully presented and featuring captivating food and travel photography, *MoVida Rustica* highlights the pillars of rustic Spanish cooking, the culture of Spain and the way the food is prepared and eaten and will have strong appeal for foodies and armchair travellers alike
- Spanish cuisine is becoming more and more popular and *MoVida* is 'the best Spanish restaurant in the country' – *Australian Gourmet Traveller*
- 12-copy stockpack available (ISBN 9787777006190, RRP \$719.40), includes A1 poster
- Also available to order: A1 poster (ISBN 9787777006275), Header card for silver metal stand (ISBN 9787777006350) and Shelftalker (ISBN 9787777006435)

Author Profile

Frank Camorra was born in Barcelona and spent his first five years in Andalusia, before his parents migrated to Australia. In 2000, Frank travelled throughout Spain and was inspired by both the modern and traditional aspects of Spanish cuisine. At his restaurant, MoVida, Frank was determined to share his discoveries and bring the tastes of his homeland to his adopted country. Richard Cornish is a television producer and food writer. He writes about the connection between the land, producer, chef and consumer and its significance to food diversity and taste.