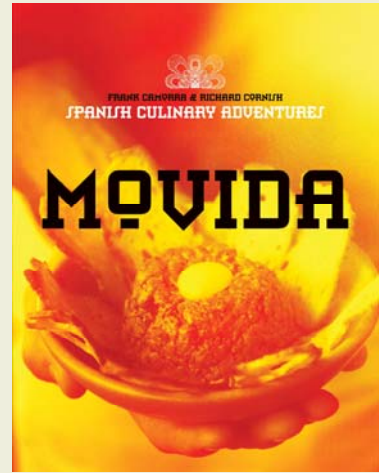


Title	MoVida
Author	Frank Camorra and Richard Cornish
ISBN	9781921259395
Imprint	Murdoch Books
Binding	Paperback with jacket
Extent	368 pages
Dimensions	255 x 200mm
Word Count	68,500
Recipes	116
Photographs	150
RRP	\$45.00
Release Date	November 2007



Description

Chef and restaurateur Frank Camorra shares his passion for Spanish food in *MoVida*. With 116 delicious recipes and wonderful information about Spanish ingredients, cooking methods and culinary traditions, *MoVida* captures the essence and exuberance of Spanish cuisine.

Chapters include: Back to Basics; Tapas; Soups; Eggs; Fish and Seafood; Vegetables; Rice; Poultry; Meat; Small Goods; Desserts; Pastries; and Drinks. Chapters and recipes are accompanied by an introduction from Frank, highlighting a particular ingredient, a traditional cooking method, personal anecdotes or cultural or historical observations. There are staple Spanish offerings, such as tortilla and paella, plus innovative dishes like roast pork belly with quince aioli and grilled salt cod salad with orange, parsley and smoked paprika.

Australian Gourmet Traveller has said that Frank's restaurant MoVida, tucked in one of Melbourne's fabulous cobbled city lanes, Hosier Lane, is 'the best Spanish restaurant in the country'. You will feel the buzz of MoVida and be able to delight in the taste sensation that is Frank's food with his fantastic first book.

Sales Points

- *MoVida* captures the food philosophy behind one of Australia's most acclaimed and talked-about restaurants
- The personal stories and conversational tone make this an engaging cookbook to read
- Recipe cards will be available and shipped with October releases - ISBN: 9787777002789 for a pack of 50 recipe cards
- A2 poster available - ISBN: 9787777002802
- Header card available to go in existing Murdoch Books display stand - ISBN: 9787777002796

Author Profile

Frank Camorra was born in Barcelona and spent his first five years in Andalucia, before his parents migrated to Australia. In 2000, Frank travelled throughout Spain and was inspired by both the modern and traditional aspects of Spanish cuisine. At his restaurant, MoVida, Frank was determined to share his discoveries and bring the tastes of his homeland to his adopted country.

Richard Cornish is a television producer, food writer and sausage expert. He writes about the connection between the land, producer, chef and consumer and its significance to food diversity and taste.