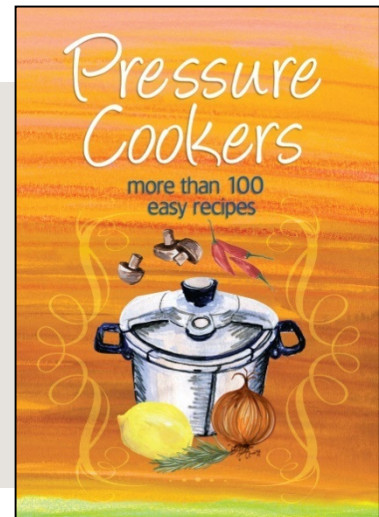




MURDOCH BOOKS

Pressure Cookers

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| Title | Pressure Cookers |
| ISBN | 9781741968941 |
| Imprint | Murdoch Books |
| Binding | Paperback |
| Extent | 176 pages |
| Dimensions | 232 x163mm |
| RRP | \$19.95 |
| Release Date | July 2010 |
| Category | Cooking |



Description

People have been cooking with pressure cookers for decades, and now they are easier and safer to use than ever. This popular cooking method provides a time-saving, economical and energy saving way of preparing a variety of nutritional meals.

Pressure cookers work particularly well with cheaper cuts of meat and inexpensive ingredients such as pulses and grains, and they produce flavoursome meals of melting tenderness. From everyday dinner to entertaining, with this collection of more than 100 easy recipes cooking under pressure has never been so easy.

Sales Points

- The collection of more than 100 recipes is inspired by flavours and culinary traditions from around the world
- The pressure-cooking method makes the most of cheaper cuts of meat and inexpensive ingredients
- Nutritious, economical, flavoursome meals are within the grasp of every busy person
- A compact format with attractive black-and-white illustrations makes this a modern, must-have publication
- The perfect cookbook for busy people who don't have time for cooking and washing up
- This is a companion title to *Slow Cookers* (ISBN 9781741968958, RRP \$19.95, publishing May 2010)



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Murdoch Books, Pier 8/9 23 Hickson Road, Sydney NSW 2000 Australia
Telephone 02 8220 2000, Fax 02 8220 2558

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