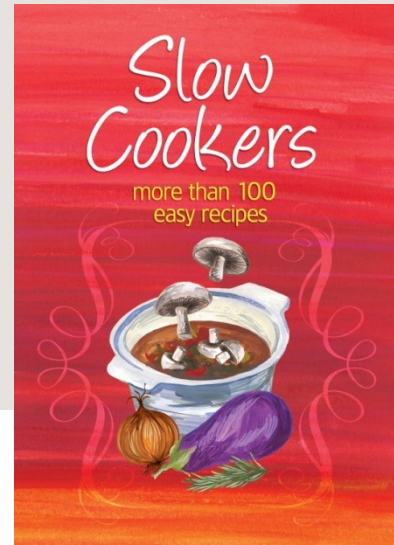


Title	Slow Cookers
ISBN	9781741968958
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Binding	Paperback
Extent	192 pages
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Category	Cooking



Description

Fashions come and go but few food trends have enjoyed such a spectacular revival in recent times as preparing meals in a slow cooker (or crock pot).

Meals that can be left to cook slowly by themselves after just a little preparation have much to recommend them. They free the cook up to do other things; they work particularly well with cheaper cuts of meat and inexpensive ingredients such as pulses and grains, and they produce flavoursome meals of melting tenderness.

From everyday dinner to entertaining, this collection of more than 100 easy recipes takes something old and turns it very much into something new.

Sales Points

- This collection features more than 100 recipes inspired by flavours and culinary traditions from around the world
- The slow-cooking method makes the most of cheaper cuts of meat and inexpensive ingredients
- Divided into chapters like Hearty family fare, Soups, Home cooking, Entertaining, Hot and spicy and Pulses and grains, this recipe collection caters for all tastes and levels of cooking experience
- Nutritious, economical, flavoursome meals are within the grasp of every busy person
- A compact format with attractive black-and-white illustrations make this a modern, must-have publication