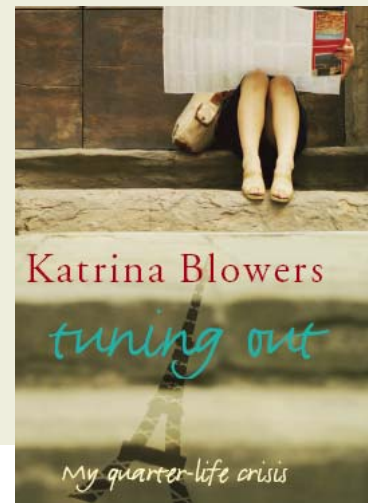


Title	Tuning Out: My Quarter-life Crisis
Author	Katrina Blowers
ISBN	9781921208928
Imprint	Pier 9
Binding	Paperback with flaps
Extent	256 pages
Dimensions	198mm x 130mm
Word count	86,000
RRP	\$24.95
Release Date	May 2007



Description

Katrina Blowers seemingly had everything in life that she'd ever wanted – a great husband, close family and friends, a job as a breakfast announcer on Nova 969 with Merrick and Rosso ('the best job in Sydney radio' according to one local newspaper) and a media celebrity lifestyle. But despite the apparent glamour of her life, she was left wondering: is this all there is?

On the brink of 30, with no mortgage or children, she decided to check out of her status quo and try to regain some perspective on her life, dreams and ambitions. She wanted to rekindle the spark in her marriage and discover what she was really all about. So Katrina and her husband, Tom, left Australia and headed off on an around-the-world adventure for six months. She was told she was making the biggest mistake of her career, and for a time she believed it.

In *Tuning Out*, Katrina writes engagingly about their wonderful travel experiences and honestly about her own inner journey. Katrina and Tom travelled along the prickly-pear-lined backroads of Sardinia, visited steamy Moroccan bathhouses and trekked up a glacial mountain pass in South America. But the best thing Katrina discovered on their trip was something that wasn't in any guidebook – it was herself.

Sales Points

- *Tuning Out* effectively blends travel narrative with a unique personal story, and is written with pace and humour
- Features evocative descriptions of people, places and food from various parts of the world
- The core story of quarter-life crisis is topical and frequently discussed in the media
- Supported by a consumer competition to win \$2000 worth of travel
- Advanced reading copies available
- *Tuning Out* A2 poster available (ISBN: 9787777002222)
- Review coverage plus advertising in the May issue of *Voyeur*, the Virgin Blue inflight magazine

Author Profile

Katrina Blowers is an accomplished radio presenter, television reporter and magazine and newspaper journalist. She has broadcast to a national audience for the past 9 years and was a breakfast announcer on the Merrick and Rosso Breakfast Show at the time they occupied the Number 1 slot in the FM ratings. Katrina has also worked on Triple M, Sky News and various local radio programs around the country. She is currently completing her Masters degree in International Studies and working as a news reporter for ABC News.