

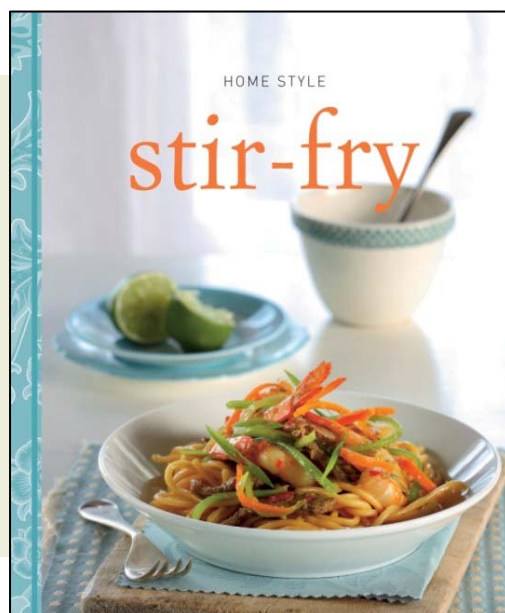
PRESS RELEASE

Homestyle: Stir-fry

Published August 2008

Paperback RRP £14.99

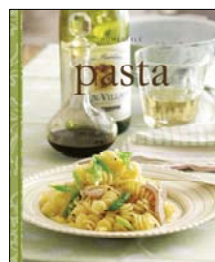
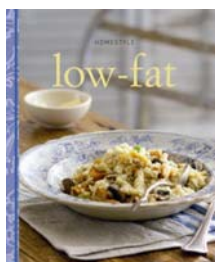
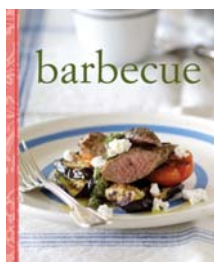
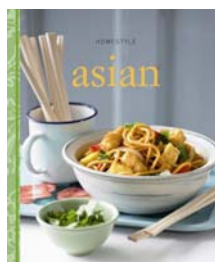
MURDOCH BOOKS



If you have a wok and ten minutes to throw a meal together, then this book is for you. Stir-frying is one of the quickest, easiest and healthiest forms of cooking. *Homestyle Stir-fry* is full of recipes to make the most of that wok!

Designed for easy use, each recipe is beautifully styled and accompanied by detailed step-by-step photographs showing the techniques involved. The *Homestyle* series is a classic addition to any kitchen, whether you're a novice and need plenty of guidance or an accomplished cook eager to experiment with delicious recipes of diverse origins and flavours.

- ❖ Recipes have been triple-tested in the Murdoch Books test kitchen to ensure you get the best results at home
- ❖ Each recipe is accompanied by nutritional information, as well as details of preparation and cooking times
- ❖ Clear step-by-step photography is featured throughout and guarantees ease of use
- ❖ Fresh, contemporary design and styling



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