



murdoch books

NEW ZEALAND AUGUST 2020

ALL ORDERS MUST BE TO UBD BY: 16 June 2020

IN-STORE DATE: 3 AUGUST 2020

RI = SOR FOR 12 MONTHS FROM INVOICE DATE

KEY

NZ: New Zealand Author

RI: Reissue

NZ/RI: New Zealand/Reissue

H: Hardcover also available (indent)

E: Early release

NE: New Edition

NZ/NE: New Zealand/New Edition

P: Paperback also available

NZ/E: New Zealand Author/Early release

RP: Reprint

NZ/RP: New Zealand/Reprint

NC: New Cover Edition

NON-FICTION

MURDOCH BOOKS

Time to rip up *The Rules*: a powerful social commentary and self-help guide for young women navigating the dating scene by the editor of *Future Women*.



THE FIRST MOVE: BREAK THE DATING RULES TO FIND A BIGGER LOVE AND BETTER LIFE
Emily Brooks

\$36.99 tpb

A groundbreaking approach to identifying the power gaps women experience in their professional life and the key steps they can take to access power in their work and life.



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Kathy Caprino

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A humorous and incisively-reported look at the new 'new age' - from the divine to the absurd - from SBS journalist and TedX presenter.



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Amal Awad

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A handbook and cookbook for anyone who truly cares about the meat they eat.



THE ETHICAL OMNIVORE: A PRACTICAL GUIDE AND 60 NOSE-TO-TAIL RECIPES FOR SUSTAINABLE MEAT EATING
Laura Dalrymple and Grant Hilliard

\$45.00 hc

Say goodbye to brain fog, bloating, mood swings, tiredness and unhealthy weight with gluten-free, sugar-free, dairy-free recipes.



EAT YOUR WAY SLIM & HEALTHY
Bridget Davis

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Six captivating true crime stories, spanning Mark Bowden's long and illustrious career, cover a variety of crimes complicated by extraordinary circumstances.



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Mark Bowden

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KILLING PABLO
Mark Bowden

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Richard Stengel

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Abdul-Ghaaliq Lalkhen

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Packed with illustrations, fascinating facts and numerous spoilers, this is the perfect way into the science of our inevitable demise.



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Michael Brooks, Rick Edwards

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